



# CRITICARE 2026



**32<sup>nd</sup> Annual Conference of Indian Society of Critical Care Medicine**

Workshops: 25<sup>th</sup> & 26<sup>th</sup> February 2026 | Conference: 27<sup>th</sup> February, 28<sup>th</sup> February & 1<sup>st</sup> March 2026

Theme: Humanisation in the Era of Data Science | Venue: Chennai Trade Centre, Chennai, Tamilnadu

## Nutrition Critical Care Workshop

**26th Feb 2026 | Feathers Hotel – Tulip 2**

### National Lead



Subhal Dixit

### National Directors



Sanjith Saseedharan



Anand Nikalje



Radha Reddy Chada

### Local Coordinator



Kalavathy Swarna



Ajith Kumar BR

## MEET OUR EXPERT FACULTY



Anoop Kumar A S



Esther Sathiaraj



Chitra Mahesh



Daphnee Lovesley



Poonam Negi



Mohan Maharaj



Krishnan Sriram

**For more details**

**[www.criticare.isccm.org](http://www.criticare.isccm.org)**



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to Register

Nutrition Critical Care Workshop		
Time	Topic	Faculty
0900 – 0925	Welcome, Workshop Objectives & Introduction of Faculty Pre Test	Subhal Dixit
0925 – 0950	Critical Care Nutrition: Principles & Priorities	Ajith Kumar BR
0950 – 1015	Nutrient Targets in ICU for Different Phases of Critical Illness	Sanjith Saseedharan
1015 – 1040	From Survival to Recovery– Role of Nutrition in ICU acquired weakness	Anoop Kumar AS
1040 – 1100	Tea Break	
1100 – 1300	<b>Workstations : 40 mins per workstation</b>	
	Nutrition Focused Physical Examination	Esther Sathiaraj Chitra Mahesh
	Enteral Nutrition: Indications, Timing, Route Selection, Formulas Indirectcalorimetry	Anoop Kumar Daphnee Lovesley Poonam Negi
	Nutrition Assessment Methods with Body Composition	Radha Reddy Chada Mohan Maharaj
	Parenteral Nutrition: Formulation, Monitoring & Complications, Micronutrient management	Anand Nikalje Kalavathy Swarna Krishnan Sriram
1300 – 1400	Lunch Break	
1400 – 1600	Clinical Case Scenarios (4) 4 Small Group Discussions	Radha Reddy Chada Esther Sathiaraj Daphnee Lovesley Chitra Mahesh Krishnan Sriram
	Post Test	Radha Reddy Chada Sanjith Saseedharan
1600 – 1630	Closing Remarks & Certification	

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